

State Assessment: Levels of Arousal

Smith, M., & Shafer, S. (n.d.). *State assessment: Levels of arousal*. Retrieved March 26, 2003, from <http://www.tsbvi.edu/Outreach/seehear/archive/biobehav.htm>

STATE ASSESSMENT (Levels of arousal)

	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	COMMENTS	
SUNDAY																					
MONDAY																					
TUESDAY																					
WEDNESDAY																					
THURSDAY																					
FRIDAY																					
SATURDAY																					
SUNDAY																					
MONDAY																					
TUESDAY																					
WEDNESDAY																					
THURSDAY																					
FRIDAY																					
SATURDAY																					

Directions:

Mark the state the child was predominantly in at the end of each half hour interval.

0 – Seizure

1 – Deep Sleep

2 – Intermediate Sleep

3 – Active Sleep

4 – Drowsiness

5 – Quiet Awake

6 – Active Awake

7 – Fussy Awake

8 – Mild Agitation

9 – Uncontrollable Agitation

Adapted from Simeonsson, R.J., Huntington, G.S., Short, R.J., & Ware, W.B. (1988). *The Carolina record of individual behavior (CRIB): Characteristics of handicapped infants and children*. Chapel Hill, NC: Frank Porter Graham Child Development Center, University of North Carolina at Chapel Hill.

Visual Conditions Module 06/06/04
S4 Handout G
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<http://www.fpg.unc.edu/~edin/>

Essential Assessments, 2011